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Veeam Backup *for Microsoft Office 365*





258M

Office 365 users



133k

organizations have downloaded
Veeam Backup for Microsoft Office 365,
representing 9M Office 365 users





Why Organizations Need an Office 365 Backup

6 reasons WHY you need an Office 365 backup



Accidental
deletion



Retention policy
confusion/gaps



Internal security
threats

Malicious
insiders/departing
employees



External security
threats

Ransomware/rogue
apps



Legal
and compliance
requirements



Managing hybrid
deployments
and migrations

Archived video webinar: The six reasons for Microsoft Office 365 backup
<https://www.veeam.com/videos/six-reasons-office-backup-14845.html>

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7th reason WHY you need an Office 365 backup



Teams data structure

Teams is not a self-contained application; the data is scattered through Office 365, which presents more complexity and risks.

What a Top Analyst Firm has to say about Office 365 Backup

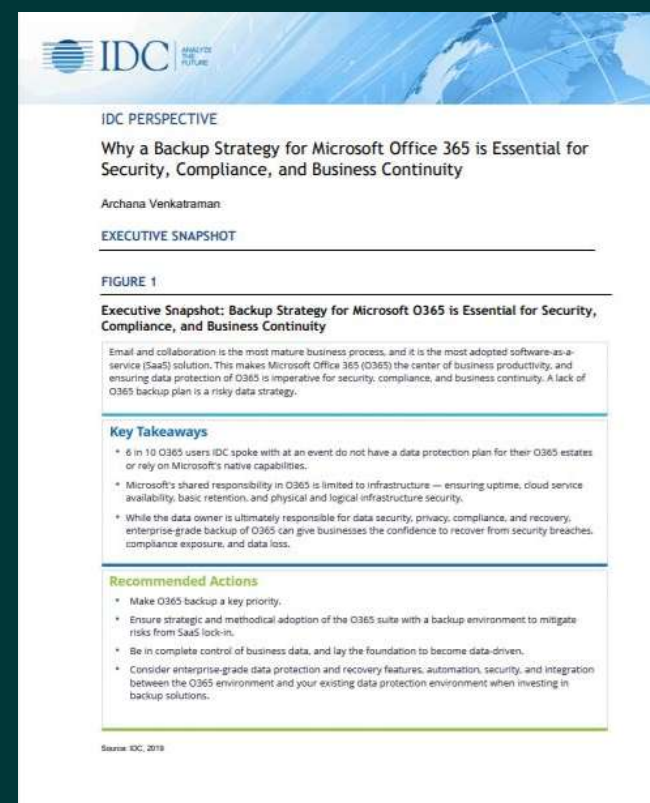
Regardless of whether the data is on-premise or in cloud infrastructure/SaaS such as O365, ultimate responsibility of data protection lies with the customer or the data owner — you.

Adopting O365 without enterprise-grade backup is a risky strategy.

Download the full report:

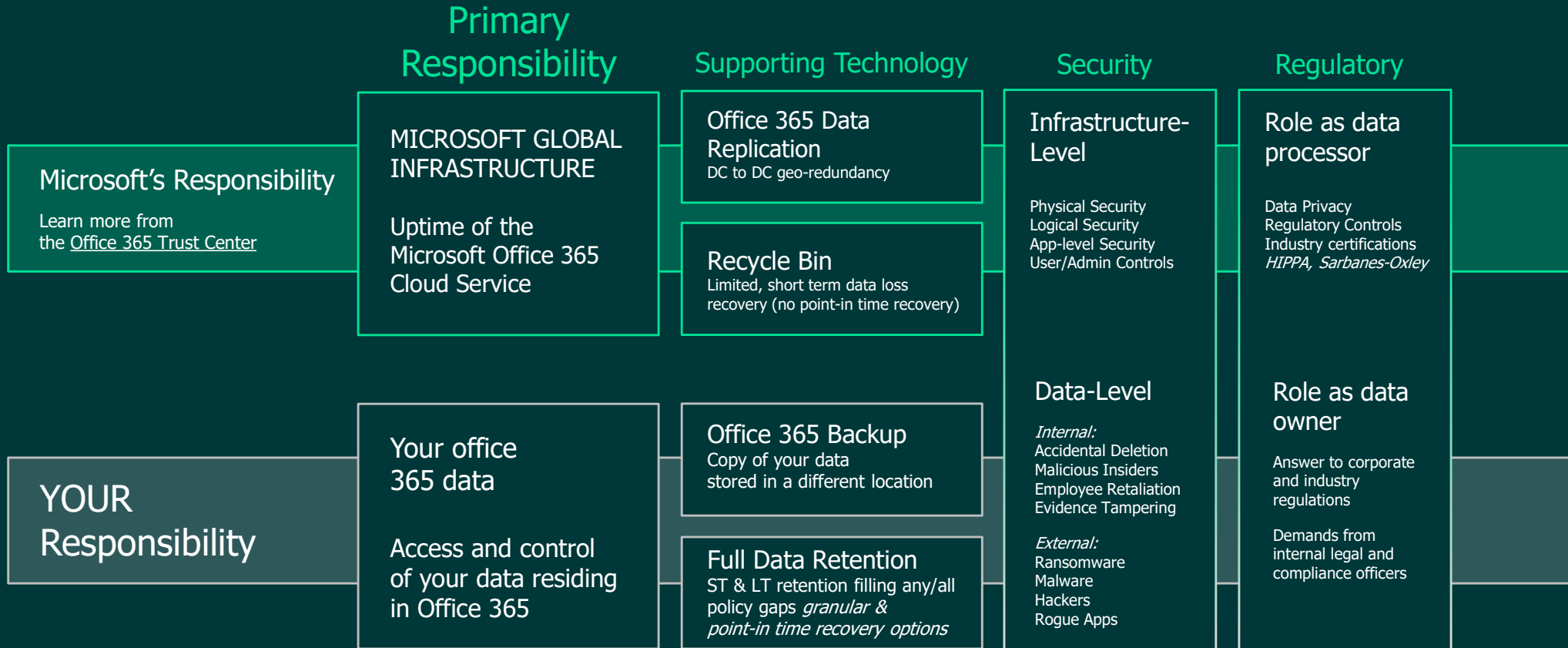
<https://www.veeam.com/why-backup-office-365.html>

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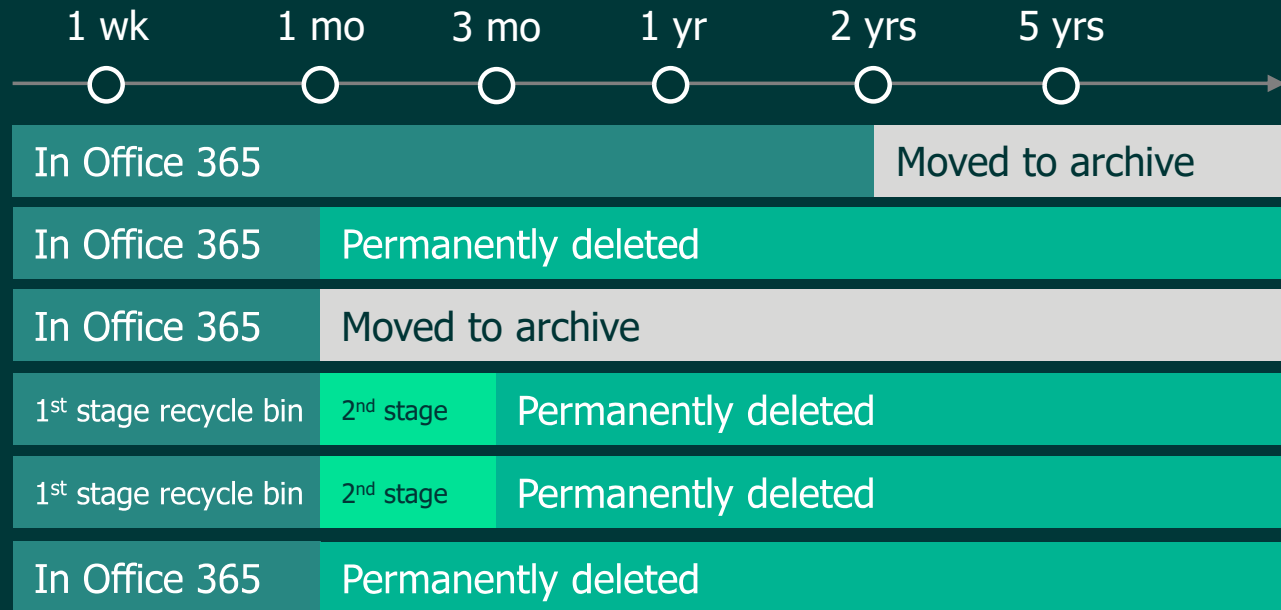


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The Office 365 Shared Responsibility Model



Retention policies: What exactly does Microsoft back up?

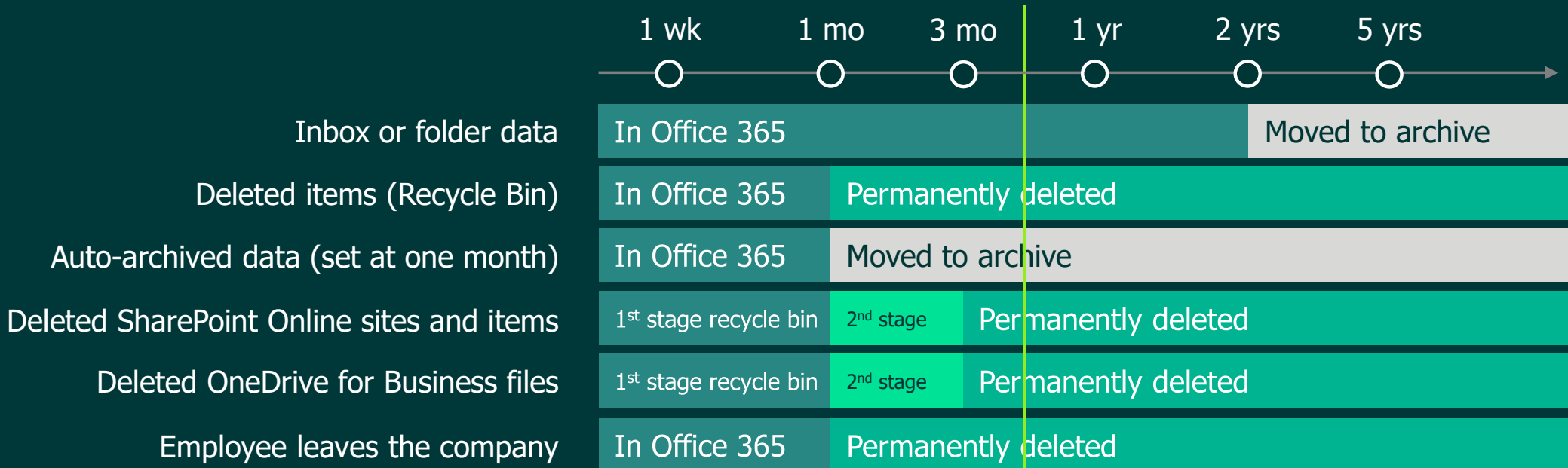


Office 365 backup and retention policies can **only protect you from data loss in a limited way** and are not intended to be a complete backup solution.

Retention policies are always evolving and tend to be **very complicated to manage and monitor**. Commonly, administrators believe they are covered, only to find that, in fact, certain items are gone.

Sources: Exchange Online information above is based on Microsoft's [default MRM Policy](#). SharePoint Online information above is based on Microsoft's [support article](#). OneDrive for Business information is based on Microsoft's [support article](#). In some cases, these defaults can be customized by the IT Admin, but often require certain licenses and/or additional fees, and also carry the risk which allows Microsoft to automatically delete data ahead of retention policy dates if the recycle bin is full.

Retention policies: What exactly does Microsoft back up?



The average length of time from data compromise to discovery is over 140 days, yet default settings only protect for 30-90 days.

Source: Microsoft Office 365, 6 steps to holistic security, chapter 1

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Retention policies: What exactly does Microsoft back up?



Inbox or folder data

Protected with Veeam

Deleted items (Recycle Bin)

Protected with Veeam

Auto-archived data (set at one month)

Protected with Veeam

Deleted SharePoint Online sites and items

Protected with Veeam

Deleted OneDrive for Business files

Protected with Veeam

Employee leaves the company

Protected with Veeam

Veeam Backup *for Microsoft Office 365* is more than simply filling gaps.

It's about providing access and control to ALL

Exchange Online, SharePoint Online and OneDrive for Business data and storing it in one location, making recovery fast, easy and reliable.



#1 Backup and Recovery Microsoft Office 365

Veeam Backup for Microsoft Office 365

Veeam Backup *for Microsoft Office 365*

Microsoft Office 365 eliminates the need to host your own email, files and content management infrastructure. However, **it doesn't replace your need to have a backup** of business-critical data.

With Office 365, it's your data — you control it — and it's your responsibility to protect it.

Veeam Backup *for Microsoft Office 365* eliminates the risk of losing access to your Office 365 data including **Microsoft Exchange Online, SharePoint Online, OneDrive for Business** and **Microsoft Teams**. It ensures that you remain in complete control and that your data is always protected and accessible.

Office 365 backup and recovery

Securely back up Office 365 to any location including on-premises, Azure, AWS or a service provider and:



Protect your Office 365 data

from accidental deletion, security threats and retention policy gaps



Quickly restore individual Office 365 items and files

with industry-leading recovery flexibility



Meet legal and compliance requirements

with efficient eDiscovery of Office 365 backup data

Restore Exchange item to Exchange Online mailbox or calendar

Restore Exchange item to on-premises Exchange mailbox or calendar

Email Exchange item as an attachment

Save Exchange item as a .MSG

Export folder, item or mailbox as a .PST

Service Provider restore of an Exchange item for a tenant



Exchange Online and Exchange on-premises

Entire folder/mailbox compare and restore of missing/changed items



OneDrive for Business

Restore users, folders or files (including OneNote notes) to the OneDrive for Business

Email as an attachment

Save files or folders

Save multiple files or folders as a ZIP

Restore any file to a prior version

Restore and overwrite users, folders or files

Restore but keep original users, folders or files

Restore with extended attributes and custom access controls

Restore without extended attributes and custom access controls

Service Provider restore of a OneDrive file, folder, or user for a tenant

40 Recovery options in Veeam Backup for Microsoft Office 365

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Restore site, library, document to SharePoint Online

Restore site, library, document to-premises SharePoint

Email SharePoint object as an attachment

Save SharePoint object as a file

Save multiple SharePoint objects as a ZIP

Restore an object to a prior version



SharePoint Online and SharePoint on-premises

Service Provider restore of a SharePoint object for a tenant



Microsoft Teams

Service Provider restore of Teams items for their tenant

Restore missing/changed Team membership

Restore posts back to the original Team

Restore any file to its prior version

Restore file to original location

Export or restore posts within the specified time period

Save multiple or individual files

Save or send posts as MSG files

Restore a Team with its membership and settings

Restore a tab to original location

Restore changed or missing items and files

Restore channel to original location

Export or save selected posts

Export post as HTML

Save multiple files as ZIP

Send file as attachment

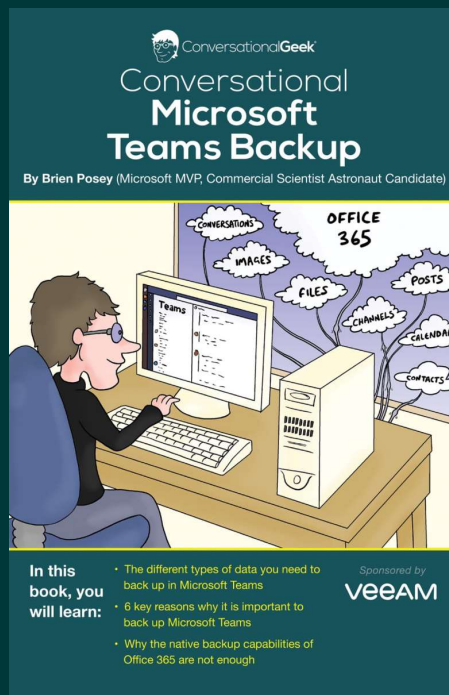
Take action

Key takeaways



Read up or share

Conversational Microsoft Teams Backup e-book



Note from the Author

Hi, I'm Brien. For those of you who don't know me, I am a long-time Conversational Geek author, and 19-time Microsoft MVP. My professional background is in both IT and commercial astronautics. It's an odd combination for sure. I sometimes find myself setting up virtual machines one day, and being strapped into a space capsule the next day (seriously). Thankfully, my friends at Conversational Geek have embraced my unorthodox (dare I say eccentric) career choices and have allowed me to author books on subjects ranging from AWS to rocket science.

In this book, I wanted to write about some of the challenges associated with backing up Microsoft Teams. On the surface, this probably sounds like a really simple thing to do. Teams is a part of Microsoft Office 365, so if you want to back up Teams, all you have to do is to back up Office 365, right? But what do you actually back up? Exchange? SharePoint? Something else? Like so many other things in the world of IT the answer is anything but clear. As such, I wanted to take the opportunity to talk about some of the finer points of Microsoft Teams backups.

Oh, and one more thing... This book is not intended to be a vendor product pitch. My goal here is to take a vendor neutral approach to the subjects at hand.

Brien M. Posey



Backing Up Teams



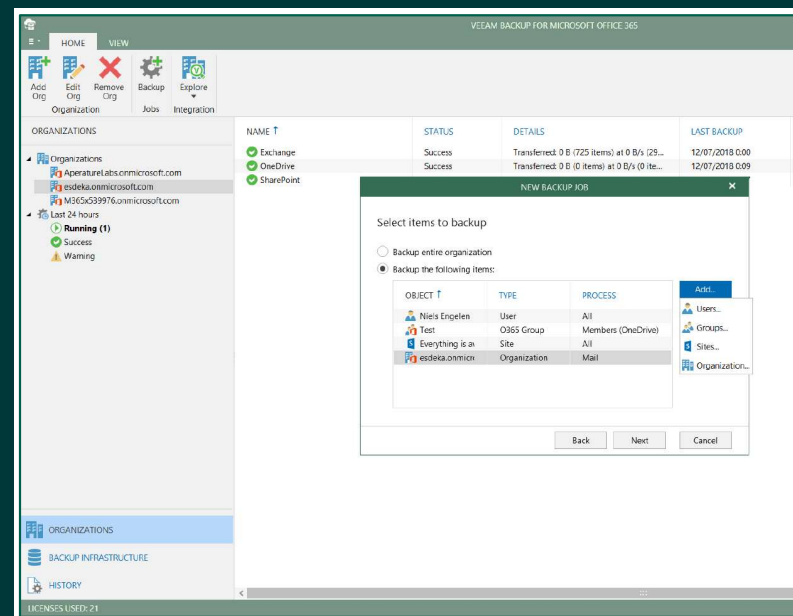
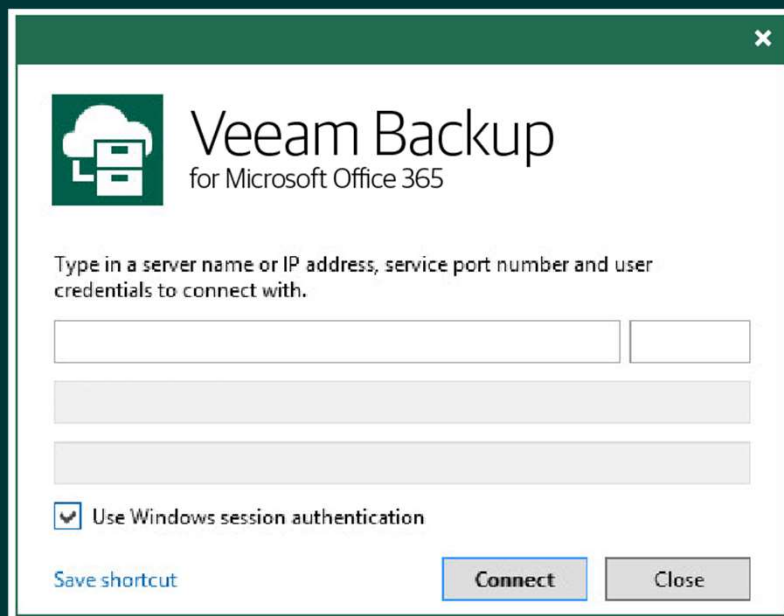
"Did anyone backup that old team project before it was deleted?"

One of the business side effects of the global pandemic of 2020 has been the increased reliance on remote working. Face-to-face meetings have become practically nonexistent and businesses have begun relying extensively on video, voice and chatting communications applications such as Microsoft Teams. Microsoft Teams was already beginning to gain rapid popularity even before the pandemic. However, it has quickly become indispensable, and like any other business-critical

Direct link: <https://go.veeam.com/conversational-geek-microsoft-teams-backup>

See for yourself

Trial download: **FREE** for 30 days



Direct link: <https://go.veeam.com/backup-office-365>



Thank you!

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